

# The SKID ROW ARTS TV GUIDE

YOUR SKID ROW ARTS "TV GUIDE" IS YOUR WAY TO  
CONNECT TO MULTIPLE ONLINE OFFERINGS OF  
DIFFERENT SKID ROW-BASED ARTS ORGANIZATIONS.  
THE INTENTION IS TO PROMOTE NEIGHBORHOOD  
CONNECTIVITY BEST AS POSSIBLE IN THE FACE OF  
COVID-19 AND THE HARDSHIPS OF SOCIAL  
DISTANCING.

VISIT OUR WEBSITE TO JOIN OUR FREE ONLINE PROGRAMS

**ARTSTVGUIDE.COM**

ALL PROGRAMS ACCESSIBLE BY EITHER  
CALLING IN, FACEBOOK LIVE, ZOOM AND YOUTUBE.  
TEXT (323) 412-9770 FOR MORE INFO



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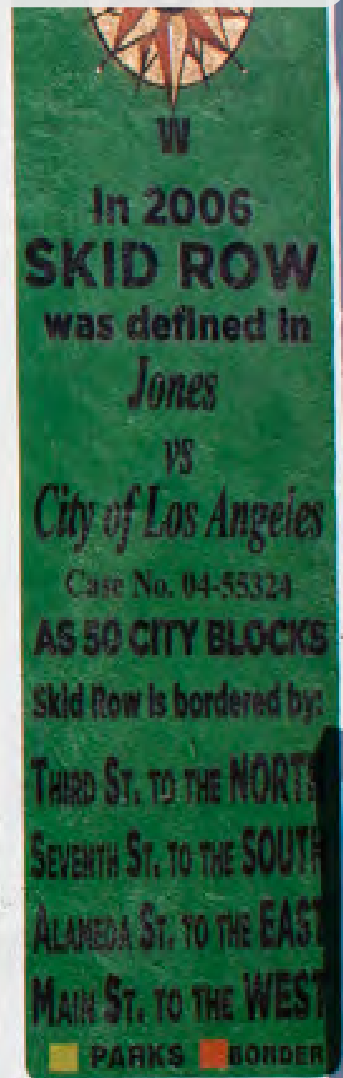
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Design Credit:

Danielle Cansino

Jose Guadalupe Sanchez III



# **A WORD FROM A SKID ROW ARTIST**

**Linda Leigh**

**We Are One:**

**Children run to**

**Thundering waves**

**Their laughter and the sound of the surf**

**Are One**

**Children rush to the water**

**Thundering**

**Waves washes over their**

**Bodies**

**Resounding laughter mingles**

**Laughter**

**Rushing sounds of the waves**

**children's voices become one**

**and**

**there is tranquility**

**inside of me**

**About this work:** Let's learn how to find the light - it might sound like chaos and mayhem right now, or that everyone out there is out of tune. But the children out there are very much in tune...like music. Their voices will shine. If you stop and listen you will hear. Through the pain, through all of this there is joy, and then laughter.

# A WORD FROM A SKID ROW ARTIST

**Bio:** Linda Leigh was born in Queens, New York. She enjoys creative writing and poetry. Ms. Leigh now resides in Los Angeles and is an accomplished artist, her works are displayed throughout California. She is also very involved in Social Justice in her community. She is a member of Studio 526, Urban Voices and Los Angeles Community Action Network.

**More of Linda's Work See here:**




























<http://writingdisorder.com/linda-leigh-nonfiction/>

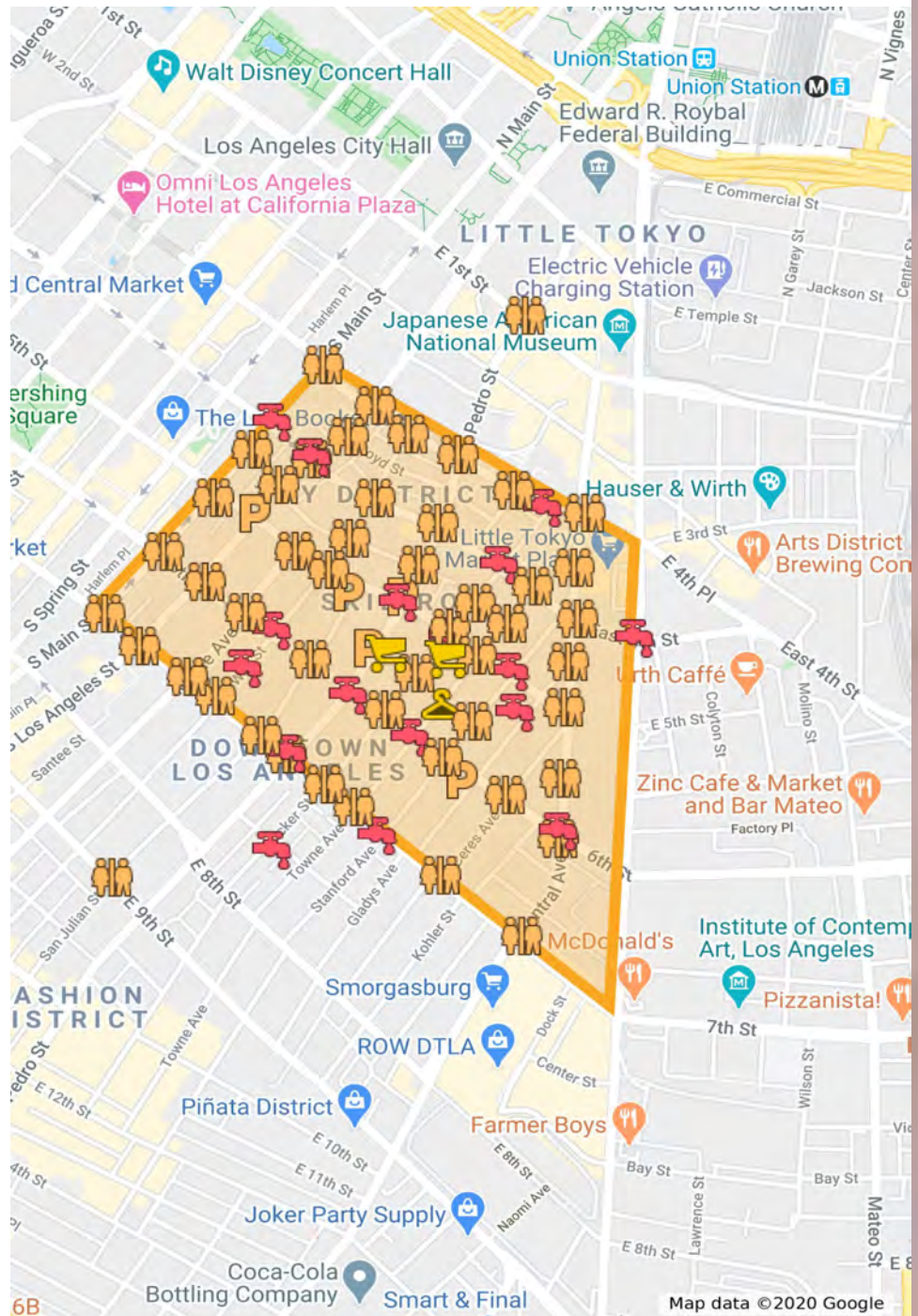




## Portable Potties

### Portable Potties

-  Main / 5th NE Corner
-  Los Angeles / 7th NE Corner
-  ReRefresh Spot
-  PIT Stop 1 - Gladys Park
-  PIT Stop 2 - San Julian Park
-  PIT Stop 3 - 5th / San Pedro
-  PIT Stop 4 - San Pedro betw 5th/6th
-  PIT Stop 5 - Los Angeles / 5th
-  Los Angeles / 6th - NE Corner
-  Los Angeles / 4th - NE Corner
-  Los Angeles / 3rd - NE Corner
-  San Pedro / 3rd- NW Corner
-  S. Central / 3rd - NE Corner
-  S. Central / 4th - NE Corner
-  S. Central / 5th - NW Corner
-  S. Central / 6th - SW Corner
-  S. Central / 7th - NE Ave
-  San Pedro / 4th - NE Corner
-  San Pedro / 7th - NE Corner
-  Ceres / 7th - NW Corner
-  HW Station - Sanford / 5th - NW Corner
-  HW Station - 7th / San Pedro
-  HW Station - 4th / Alameda
-  HW Station - Wall, 6th/7th
-  Wall / 7th - NE Corner
-  HW Station - Los Angeles / 4th
-  HW Station - Main / 4th





## UCEPP - United Coalition East Prevention Project

Contact: [charlesp@socialmodel.com](mailto:charlesp@socialmodel.com)

and [zelenec@socialmodel.com](mailto:zelenec@socialmodel.com)



HW Station - 750 Crocker St



HW Station - Sanford / 7th -  
SW Corner



HW Station - San Pedro / 6th -  
SE Corner



HW Station - San Pedro / 5th



HW Station - Towne / 6th - SW  
Corner



HW Station - 307 Crocker St



HW Station - 519 Gladys Ave



HW Station - Crocker / 5th - SE  
Corner



HW Station - S. Central / 6th -  
NW Corner



HW Station - Wall / 6th



Maple / 5th - SE Corner



Wall / 4th - NE Corner



Crocker / 4th - NE Corner



Sanford / 6th - SW Corner



San Julian / 6th - NW Corner



Crocker / 5th - NW Corner



Towne / 4th - NW Corner



S. Central, 5th/6th



Ceres / 6th - NW Corner



Towne / 7th - NW Corner



Crocker / 6th - NW Corner



Towne / 5th - SW Corner



Maple / 6th - NE Corner



Gladys / S. Central - NW  
Corner



S. Central, 3rd / 4th



Main / 3rd - SE Corner



Main / 6th - NE Corner



Main / 7th - NE Corner



San Pedro / Winston - NW  
Corner



Crocker, 4th/5th



Towne, 4th/5th



Main / Winston - NW Corner



Los Angeles / Winston - NW  
Corner



Wall / Winston - NW Corner



Wall / 5th - NE Corner



San Julian / 7th - NW Corner



Omar / 3rd - SW Corner



Crocker, 5th/6th



Stanford, 5th/6th



Maple / 7th - NW Corner



Crocker / 7th - NW Corner



San Julian / 9th - NE Corner



Wall / 3rd - SE Corner



Los Angeles / 10 Fwy  
Underpass



Los Angeles / Boyd - NE  
Corner



Aiso / 1st - NW Corner



The BIN - San Pedro St



507 Towne Ave

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### Skid Row Boundaries



Skid Row Community

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UNITED COALITION EAST  
PREVENTION PROJECT

## Free COVID-19 testing for Skid Row residents.



The Los Angeles Fire Department is offering free COVID-19 tests for residents of Skid Row.

- ✓ **GET TESTED** at the intersection of 7th St. & Towne Ave. from 10am - 3pm Monday through Friday.
- ✓ **GET YOUR RESULTS** by phone or in-person at the intersection of 7th St. & Towne Ave. 48-72 hours after you've taken the test.
- ✓ **RECEIVE FREE MASKS** at the testing site to help you stay safe from COVID-19.
- ✓ **REVIEW OPTIONS** for shelter and housing to help sick and vulnerable Skid Row residents stay safe indoors.
- ✓ **NO ID REQUIRED** to be tested.



Creative I Community Arts Space is a group of artists in Skid Row dedicated to creating more opportunity for art making in the community.

## Offerings:

**Make  
2  
Gather:**

Creative time on  
Zoom, Thursdays  
at 1pm with Young  
Mi (and friends)

We can all use  
someone to talk to  
during these times.  
Free Support and  
Listening Sessions +  
Suggestions for  
artists on how to  
stay creative!

To set up a  
time  
Text

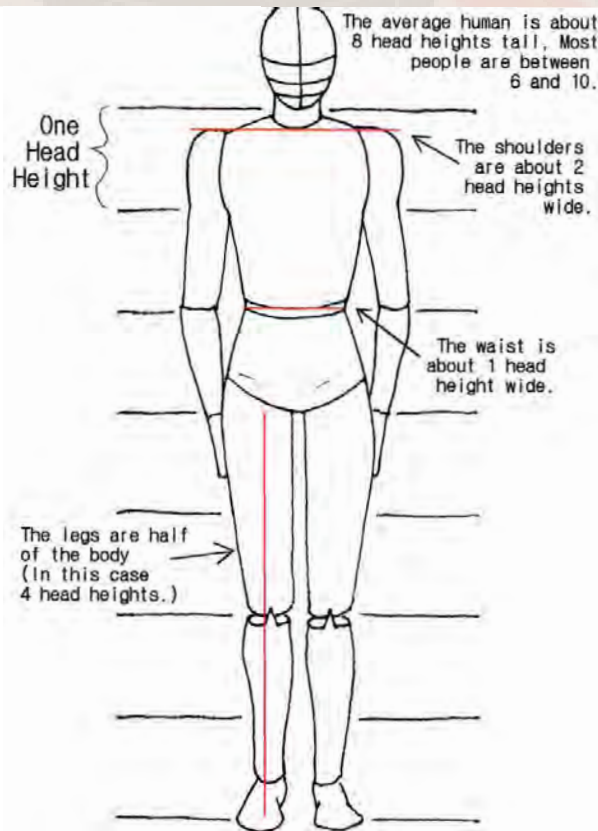
310-980-2411  
or email  
[clanceyjo@mac.com](mailto:clanceyjo@mac.com)



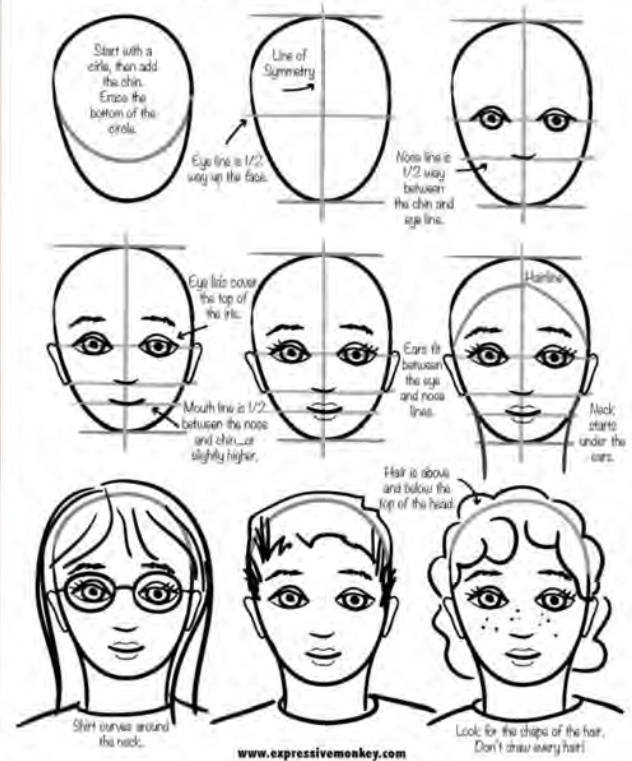
COLOR ME!

**CREATIVE**  
COMMUNITY ARTS SPACE

COLOR ME!



## Proportions of the Face



COLOR ME!

**CREATIVE**  
COMMUNITY ARTS SPACE



COLOR ME!







## *Offerings:*

*Art Clinic: For Art Supply Requests,  
email or call Hayk at 424 610 1354 ,  
[hmakhmuryan@thepeopleconcern.org](mailto:hmakhmuryan@thepeopleconcern.org)*

**STUDIO 526** is a creative studio platform in LA's Skid Row neighborhood, rooted in the conviction that equitable access to arts and cultural spaces is a fundamental human right, essential for everyone.

**Mission Statement: Urban Voices Project uses music to create supportive community spaces in Skid Row and the Los Angeles area that bridge vulnerable individuals to a sense of purpose and improved health.**

The best music... is essentially there to provide you something to face the world with" - Bruce Springsteen.



### "Mad Libs" Songwriting Exercise

#### MUSIC Activity: Mad Libs® for Music

**Purpose:** Lyric substitution invites a perspective shift and can promote positive emotions. Having our feelings or experiences reflected in song can lead to empowering our voices and being heard. The opportunity to personalize lyrics can also be fun and liberating.

Time Needed: 5-30 min.

Ages: 9 - adult.

Materials: song sheet, pencil.

Optional: Recording of song (karaoke or original version), small percussion instruments.

#### Activity Description

- Select a preferred piece of music.
- Take out some select parts of the song, generally from the repeated chorus sections.
- Come up with new words for the sections removed.
- Decide if you want to sing along with a karaoke or original version of the song.
- Sing the reimagined song.

#### Reflection

- How did it feel to change a song that you already know well?
- What did you notice while doing this?
- What felt easy about changing the lyrics? What was difficult?
- What would you call this new song?
- What would you change about the song if you did it again, or if you were to lead it with someone else?
- How do you feel now, compared to how you felt before you started this activity?
- In what ways could this activity be helpful during the day? How might you use it?

#### Family and Friends

- Music activities lend themselves to building community. Would you be willing to invite a family member, friend, health care professional, or neighbor to join you?
- Some people (especially children) may want to perform their song for others. You can set a time and invite people to join you on the phone or a video call to do an impromptu performance.

Adapted &/or Reprinted from the curriculum manual for the training program, Social Emotional Arts on a Shoestring: Supportive Art, Movement, Music, and Writing for Individuals and Groups in Any Setting, developed by UCLArts & Healing ©2016. For more information, go to: <https://uclartsandhealing.org/>



## "Mad Libs" Songwriting Exercise

### Adding Another Art Form

- Art
  - Cut and paste songwriting: Take lyric lines from different songs to create a poetry collage.
  - Individual lines can also be used inspire writing about feelings, so have a journal nearby.
  - Design a CD cover for your song, either for an imaginary CD or a real one. (If you have the resources, record the song on an electronic device, upload it to a computer, and burn a CD.)
- Movement
  - Active listening activity: Make a game of raising a hand when you hear the guitar, then drums, then specific instruments.
  - Play air guitar, drums or saxophone, etc.
  - Explore gentle movements to see how the music helps to loosen up the body and bring joy.
- Writing
  - Lyric analysis: Lyrics are a form of poetry. If possible, print or write out the lyrics and discuss them with a friend or neighbor. Be aware that this may bring up challenging emotions, so take care of yourself and create boundaries around how much you want to share.
  - Improvisation and songwriting: Use programs like Garage Band to compose your own songs.

Thank you to UCLArts & Healing for sharing their love of music and other expressive arts to include this activity in our Arts Care Package.

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"Mad Libs" Songwriting Exercise

Lean on Me by Bill Withers

<https://youtu.be/qkaexjc-1os>

Sometimes in our lives, we all have \_\_\_\_\_  
We all have \_\_\_\_\_  
But if we are wise, we know that there's \_\_\_\_\_  
Lean on me, when you're not \_\_\_\_\_  
And I'll be your friend, I'll help you \_\_\_\_\_  
For it won't be long, till I'm gonna need \_\_\_\_\_

Please \_\_\_\_\_  
If I have things you need to \_\_\_\_\_  
For no one can \_\_\_\_\_  
Those of your needs that you won't let show

You just call on me \_\_\_\_\_ when you need \_\_\_\_\_  
We all need \_\_\_\_\_  
I just might have a \_\_\_\_\_ that \_\_\_\_\_  
We all need \_\_\_\_\_

Lean on me, when you're not \_\_\_\_\_  
And I'll be \_\_\_\_\_  
I'll help you \_\_\_\_\_  
For it won't be long till I'm gonna need \_\_\_\_\_

Call me \_\_\_\_\_  
Call me \_\_\_\_\_  
Call me \_\_\_\_\_

Adapted &/or Reprinted from the curriculum manual for the training program, Social Emotional Arts on a Shoestring: Supportive Art, Movement, Music, and Writing for Individuals and Groups in Any Setting, developed by UCLArts & Healing ©2016. For more information, go to: <https://uclartsandhealing.org/>







Providing low-income and formerly homeless people with free mosaic art workshops using recycled materials to develop marketable skills, self-confidence, earned income and an improved quality of life.

Website: <https://www.piecebypiece.org/>

Email: [info@piecebypiece.org](mailto:info@piecebypiece.org)

FB: <https://www.facebook.com/piecebypiecela/>

IG: <https://www.instagram.com/piecebypiecela/>

Blog: <https://www.piecebypiece.org/blog>

### PxP Online Programs

Beginning mosaic via Zoom -  
Wednesday's at 12:30pm

[rtr.rock/mosaicsvp](https://rtr.rock/mosaicsvp)

# ORIGAMI ART

**Origami** is the art of paper-folding. Its name derives from Japanese words ori ("folding") and kami ("paper"). Traditional origami consists of folding a single sheet of square paper (often with a colored side) into a sculpture without cutting, gluing, taping, or even marking it.

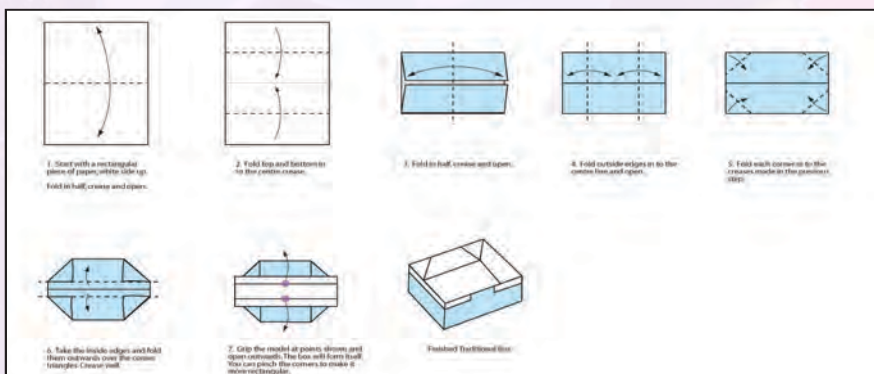
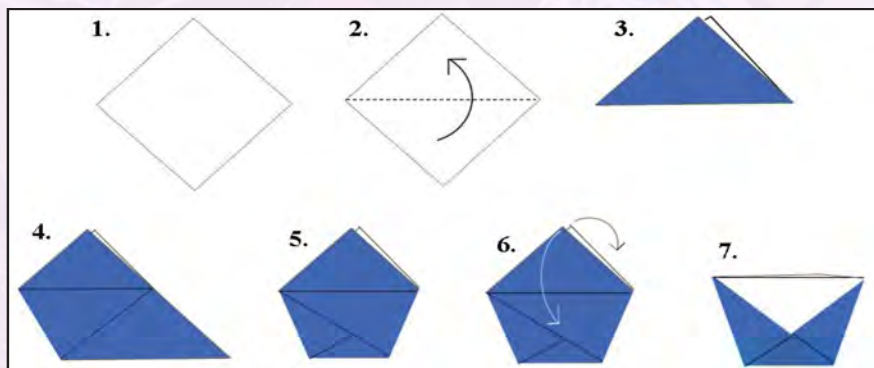
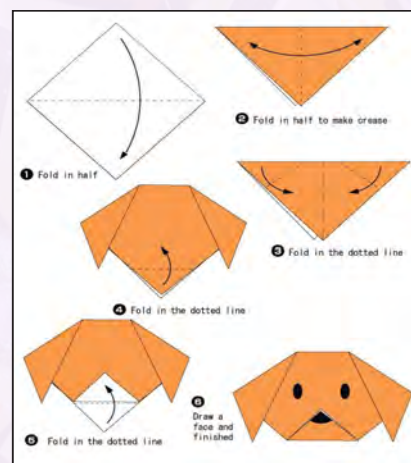
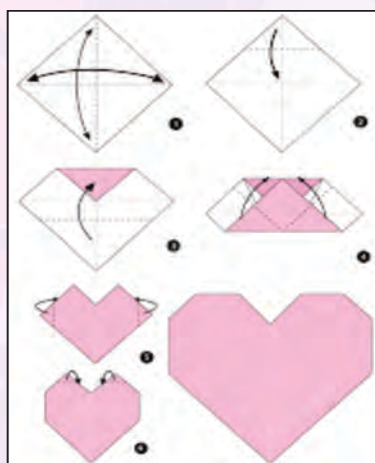
Although there are special papers used in the art of origami, one can use most any type of paper, including newspaper or magazine pages.

Try these basic folds:

Heart  
Dog  
Cup  
Box

You can find plenty of other design diagrams on the internet.

Happy Folding!





# STREET SYMPHONY

## TAKE WHAT YOU NEED LYRICS

Take What You Need is more than just a piece of music. It is a warm, safe, equitable space, where musicians and community can connect with one another, where stories can come forward, and

**Website:** [www.streetsymphony.org](http://www.streetsymphony.org)

**Email:** [info@streetsymphony.org](mailto:info@streetsymphony.org)

**FB:** <https://www.facebook.com/StreetSymph/>

**IG:** <https://www.instagram.com/streetsymph/>

*Commissioned by Street Symphony for Messiah Project 2017*

## We Need Darkness to See the Stars

Tamara Brevard, Christina Collier, Reena Esmail, Ayana Haviv, Charles Lane, Lorraine Morland, Brian Palmer, Benjamin J Shirley, VLM

Benjamin Shirley

**Hopeful** (♩ = 70)

The musical score is written on a single staff with a treble clef. It consists of nine lines of music, each with a measure number on the left. The notes are represented by square blocks, and the lyrics are written below the staff. The score is divided into measures by vertical bar lines. The lyrics are: 'I do not in - vite it but it \_\_\_\_\_ is my friend.' (measures 1-6), 'I do not in - vite it but it \_\_\_\_\_ is a friend.' (measures 7-11), 'We do not in - vite it but it \_\_\_\_\_ is our friend.' (measures 12-16), 'A fa - mil - iar sto - ry of lone - li - ness a scared lit - tle child, nee - ding to see \_\_\_\_\_ to feel safe. We need dark - ness to see the stars! \_\_\_\_\_' (measures 17-21), 'We need dark - ness to see the stars! \_\_\_\_\_' (measures 22-27), 'We need dark - ness to see the stars! \_\_\_\_\_' (measures 28-29), and 'We need dark - ness to see the stars! \_\_\_\_\_' (measures 30-34).

I do not in - vite it but it \_\_\_\_\_ is my friend.

6 I do not in - vite it but it \_\_\_\_\_ is a friend.

11 We do not in - vite it but it \_\_\_\_\_ is our friend.

16 A fa - mil - iar sto - ry of lone - li - ness a scared lit - tle child, nee - ding to

21 see \_\_\_\_\_ to feel safe. We need dark - ness to see the stars! \_\_\_\_\_

25 We need dark - ness to see the stars! \_\_\_\_\_

27 We need dark - ness to see the stars! \_\_\_\_\_

29 We need dark - ness to see the stars! \_\_\_\_\_





LOS ANGELES POVERTY DEPARTMENT

Description: Open Rehearsals - We're working on our next performance, so join us and be a part of it!

Tuesdays & Thursdays: 7-9pm

Zoom Link: <https://zoom.us/j/423698329>

Meeting ID: 423 698 329

One tap mobile: +16699006833,,423698329#

Saturdays: 2-4pm

Zoom Link: <https://zoom.us/j/359886999>

Meeting ID: 359 886 999

One tap mobile: +16699006833,,359886999#

The **Los Angeles Poverty Department** is a Los Angeles-based performance group closely tied to the city's Skid Row neighborhood.

Website: <https://www.lapovertydept.org/>

Email: [info@lapovertydept.org](mailto:info@lapovertydept.org)

FB: <https://www.facebook.com/lapovertydepartment/>

And <https://www.facebook.com/skidrowhistorymuseum/>

We made a Corona song And if you'd like to join in and make up some more, join our Zoom rehearsals

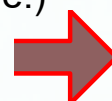
<https://vimeo.com/401922542>

<https://youtu.be/MDUURWZanRw>

**zAmya Theater Project of Minneapolis and Los Angeles Poverty Department (LAPD)** are joining forces to create a virtual cross-country open mic night for artists! If you have something to say, or maybe just a general need to express yourself, come join us! Don't let these challenging times stifle your creativity. Let these days inspire you! Bring your poetry, prose, spoken-word, song to this innovative event where artists can connect and share in front of a live virtual audience.

# WALK THE TALK 2020

(More info on the next page.)





LOS ANGELES POVERTY DEPARTMENT

Helloooo Good People!

May 23, 2020 was supposed to be a parade. Los Angeles Poverty Department's 5<sup>th</sup> biennial Walk the Talk Performance / Parade. But guess what? Covid-19 changed all that.

But, we're still gonna honor 8 people – chosen by the community – who do amazing things in Skid Row.

We've interviewed this year's honorees and we've distilled their words into short performances. On May 23 we are going to make public a website where you can see the scenes and read the entire interview of each of the honorees and also see all 4 past parades and the people honored in them.

We're gonna throw a parade for this year's honorees – only it's gonna happen next year – when it's safe to do so.

Meantime, here's their bio's and their portraits by this year's artist Man One.

Los Angeles Poverty Department crew



### **Gary Blasi**

Outstanding public interest lawyer Gary Blasi developed some of the first successful eviction defenses for low income tenants in the 1970's and co-founded The Legal Aid Foundations' Eviction Defense Center in 1983. His work with the EDC brought him to Skid Row where he got settlements for residential hotel tenants who were being displaced by CRA purchases of for-profit hotels to non-profits. In 1985, he started Legal Aid's Homeless Unit and convened

public interest lawyers from throughout the city to form the Homeless Litigation Team. Homeless Litigation Team cases curbed abuses in the welfare system, making it less punitive, and more accessible, while raising the welfare benefit, until state law was changed making future increases impossible. Blasi says he spent the first half of his legal services career fighting to get people out of slum housing and the second half trying to get them in. In 1991, Blasi joined the UCLA Law school faculty where he has served as Director of the UCLA Institute for Research on Labor and Employment. While at UCLA he continued to engage with Skid Row doing important work on the Jones case and documenting the criminalizing effects of the Safer Cities initiative.





LOS ANGELES POVERTY DEPARTMENT



### Coach Ron Crockett

Coach Ron played football and baseball for 14 years and has been a coach since 1994. He loves to teach, and “incentivize my people.” A traumatic divorce brought him to Skid Row in 2008 from the San Gabriel Valley. Recognizing the vitality of the community, Ron quickly got involved with the Funky Trashcan Campaign, working to provide trash cans that had been removed by the city. From 2008 - 2011 Coach Ron ran the Fun Zone Reading Club at the Huntington

Hotel, teaching adults and kids how to read. In 2009, with OG and JoJo, he started the Skid Row Brigade with the assignment to clean up Skid Row. The Brigade wanted the City of Los Angeles to understand that Skid Row streets can be clean and safe too. The City got the message. The Brigade was given responsibility for cleaning the VOA Drop-In Center, and later, Gladys Park, where The Brigade, since 2011, serves meals Saturday and Sundays. And in the park, Coach Ron is the announcer for the acclaimed Skid Row Three on Three Street Basketball League. Right now, The Brigade is working with the City to monitor the port-o-potties and hand washing stations, deployed in Skid Row to ensure that they are supplied and available to the community.



### Leslie Croom

Leslie Croom was a passionate and articulate Skid Row Advocate committed to promoting health, wellness, recovery. Leslie and her husband got clean and sober in Skid Row. Starting in 2000, she worked for the VOA Drop-In Center on San Julian Street. Leslie met people where they were and let them know about services available at the Drop-In Center, including “Health Realization” a group process that shared insights with what’s now called “trauma informed therapy.” While she

loved one-on-one interactions, she was just as passionate about organizing people to identify and fight systemic wrongs. She joined the staff of UCEPP, because they used resident organizing to achieve community wide healthy outcomes. At UCEPP she got the LA Unified School District to provide resources to their 15,000 homeless students. Working with men recently released from state prison she wrote “Welcome Home”, a report that identified systemic obstacles and the many changes needed to give these men a fighting chance for a positive future. Leslie advocated for increased funding for Skid Row parks and access for the entire community—from children to the elderly. Leslie passed away in 2019.



LOS ANGELES POVERTY DEPARTMENT



### Angelia Harper / Big Mama

Angelia Harper known in Skid Row as “Big Mama” was a.k.a. Danielle Taulbert on the Cabaret Circuit in the 1980’s and ‘90’s, singing jazz, blues, R&B, and doing comedy. She was born into a big southern family and learned about sustainability on her grandmother’s farm in Mississippi. She learned how to cook at her father’s restaurant “Marie’s,” in Chicago. From Chicago she came to Skid Row after a fight with her ex-husband led to a charge being filed against

her. She stayed at a Skid Row mission but left after a week and settled in San Pedro where she started a catering business. Later, she went through domestic violence training and therapy and, “found peace over violence.” She realized that her own happiness necessitated serving others and that many people on Skid Row don’t get the detailed help and education from social service agencies that they need to improve their situations and keep it that way. Big Mama works with people one-on-one to navigate bureaucratic systems to get them what they are entitled to and deserve. She’s a fighter against injustice. She started “Love is the Key” providing foot care and home cooked meals to Skid Row residents. She helps people in the community have a better quality of life.



### Andrew Kang & Danny Park

**Andrew Kang** is a native born Angeleno. As a child, his mother introduced him to Skid Row where she is currently a member of The Row’s Church Without Walls. Andrew was working in the artisan coffee business when Danny asked him to work together to create Skid Row Coffee – which they envisioned as a safe space with arts and cultural programming for the Skid Row neighborhood. Eventually they were able to rent a space at the Central Library and start a Skid Row

Coffee café, which is run by Andrew and a crew of community people. Danny took over his parent’s corner store and renamed it the Skid Row People’s Market, also run by a crew of community people. They now employ 11 people.





LOS ANGELES POVERTY DEPARTMENT



### **Ms. Stephanie Arnold Williams**

Stephanie is a dynamic presence on Skid Row. Stephanie has for seven years lived and provided services to the community, operating from The Skid Row White Tent Service Center a.k.a. "The White House" -- her large solar powered tent on the southwest corner of 5<sup>th</sup> and San Pedro Streets, Stephanie has initiated innumerable creative responses to the needs of her neighbors and Skid Row at large. Her surprising initiatives have opened possibilities and frustrated enforcers of the status quo. Stephanie has

turned the state of being houseless upside down. She has transformed her tent into a palace and a service center in spite of police harassment and having to move it off the street every other week. With her solar panels she provides a free cell-phone charging station and powers her sewing machine to make masks and repair peoples' clothes free of charge. She provides a library and information center, gives away tents, food and provided air mattresses to the women in front of the Downtown Women's Center. She opens her tent / house / heart to everyone who needs a place to sit and rest, and a drink of water or tea. Anything she can do, she will do.



**Danny Park** is a Korean American who grew up in the Skid Row community where his parents have owned the Best Market on the corner of 5<sup>th</sup> and San Pedro since 1992. After getting a degree in graphic design at OTIS College of Art & Design and a job at Nike, in Portland, Danny returned to LA and transformed his parents store into the *Skid Row People's Market*. In addition, Danny, along with business partner, Andrew Kang, started *Skid Row Coffee* and launched a Skid Row Coffee at the LA Central Public Library. Both the Skid Row People's Market and Skid

Row Coffee prioritize hiring people from the community. They focus on creating local jobs, providing healthy food and bringing the community together. They are engaged in many grassroot causes in the neighborhood.



### **Leeav Sofer**

In 2013 Leeav Sofer co-founded the Urban Voices Project community choir with community health worker and 2016 Walk the talk Honoree Chris Mack. Skid Row's Wesley Health Clinic was the initial sponsor of the project. Leeav, a professional musician, was teaching music at the Colburn School on Bunker Hill and fronting his Klezmer Band "Mostly Kosher". Leeav grew up in Orange County in a musical family. His mother is a Cantor and he's been deeply engaged in

making music his entire life. Urban Voices Project is now a non-profit organization, with a number of programs: a weekly community sing open to the entire Skid Row community, a performance choir of Skid Row residents that's performed throughout Southern California and a family wellness music program that takes place at many communities in Los Angeles. According to one UVP member, "Leeav teaches to listen louder than we sing."





**LACAN's** Arts and Culture committee features incredible artists from in and around the LA area...all of whom have a deep passion for community and social justice. Our artists are diverse, creative and represent a broad swath of arts achievement in our community! Visual and performing arts, Theatre and many music genres serve as the backdrop for these amazing creations.

**General info:**

<https://cangress.org>

Email: [KayoA@cangress.org](mailto:KayoA@cangress.org)

Phone: 213-228-0024

FB: <https://www.facebook.com/lacanetwork/>

Youtube: <https://www.youtube.com/channel/UCQ3j85cxuTzfMvlzjVBWn4A>

**PROGRAMS**

"Virtual Sing-a-long with Kayo and the Freedom Singers"

Thursdays: 5-6 pm

<https://m.facebook.com/kayo.anderson.165>

**AND : HANDWASHING MAP (INFO HERE:)**

**<http://skidrowpower.com/handwashing/>**

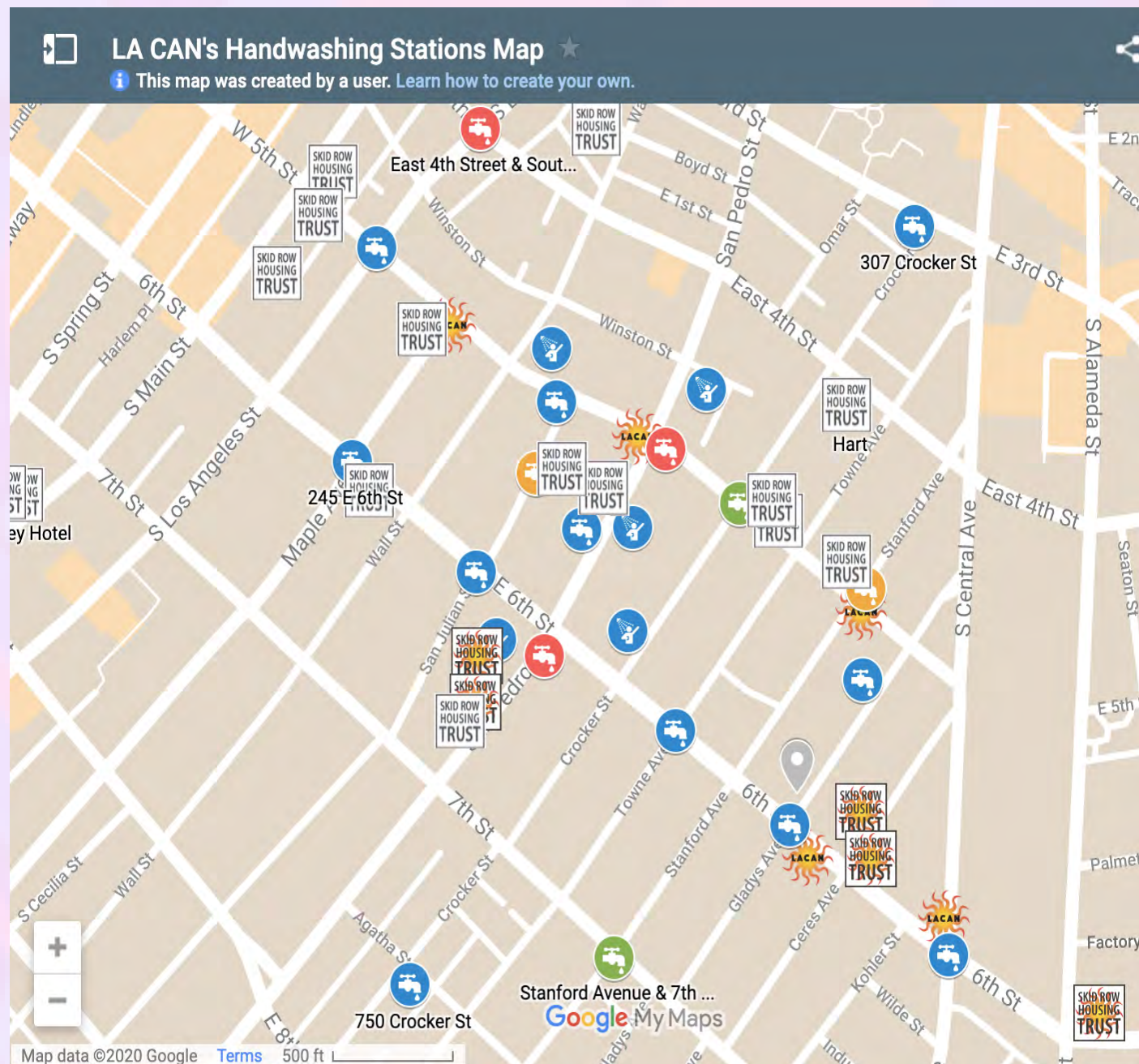
LACAN is building a bottom-up grassroots network for Handwashing. We rely on our friends and supporters to make DIY handwashing stations. We place these handwashing stations with street community leaders. We call on their housed neighbors to back them up, let them take water to refill the stations and keep supplies like liquid soap and sanitizer. Our community members will be staying #SaferAtHome, but their home is right there on the street, where they can maintain the stations, explain how they work, share knowledge about safe practices in the face of #covid19, and generally support their community.

This Handwashing Station Campaign is a collaboration with USC's COMM653 class "Research, Practice and Social Change".



## HANDWASHING MAP (INFO HERE:)

<http://skidrowpower.com/handwashing/>





ALL PROGRAMS CAN BE FOUND AT THE WEBSITE \*\*ARTSTVGUIDE.COM\*\* CHECK IT OUT TO LOG ON OR TEXT US AT (923) 412-9770

	SUN	MON	TUE	WED	THU	FRI	SAT
12:00 PM				<b>12:30PM: Mosaic Wellness</b> Join Piece by Piece for arts wellness. Focus on YOU and making a creative space in your heart and mind. From creative journaling to mosaic inspirations, all you need is enthusiasm and some paper, pencil, or colored markers.			
1:00 PM		<b>1PM: MUSIC EDUCATION LAB</b> Join Leeav from the Urban Voices Project, to use mind and body to build performance skills and techniques whether you are an industry professional or a seasoned shower singer!				<b>1PM: MUSIC WELLNESS LAB</b> Join Kate Richards Geller, the Music Wellness Director of Urban Voices Project, offering practical ways to use music to create change in the mind and body.	
2:00 PM					<b>2PM: 1MAKE2GATHER</b> Let's make art together and chase away the quarantine blues! We will do various arts activities using whatever supplies we have already, and in various arts disciplines. Contact Young Mi: YMCHI3@gmail.com for zoom meeting ID.		<b>2PM: OPEN REHEARSALS</b> LA's Poverty Department is working on our next performance, so join us and be a part of it!
3:00 PM							
4:00 PM				<b>4PM: NEIGHBORHOOD SING</b> Join Urban Voices Project directors & regular guest artists, for an interactive experience of conscious breathing, powerful singing and instruments jamming to promote self-expression, wellness and connectivity.			
5:00 PM	<b>*ART SUPPLIES REQUEST*</b> Looking for Art Supplies? Reach out to Hayk from Studio 526 (Formerly Lamp Arts).				<b>5PM: VIRTUAL SING-A-LONG</b> Join Kayo and the Freedom Singers on Facebook Live!		
6:00 PM							
7:00 PM	<b>EMAIL HERE:</b> hnmahmuryan@thepeopleconcern.org <b>CALL HERE: (424) 610-1354</b>		<b>7PM: OPEN REHEARSALS</b> LA's Poverty Department is working on our next performance, so join us and be a part of it!		<b>7PM: OPEN REHEARSALS</b> LA's Poverty Department is working on our next performance, so join us and be a part of it!		
8:00 PM							

Skid Row Parks Meeting is the FIRST THURSDAY of each month @ 2:00PM to discuss Gladys Park and San Julian Park related matters.

Visit: [rts.rocks/skidrowparksmeeting](https://rts.rocks/skidrowparksmeeting)

UCEPP Monthly Prevention Coalition Meeting is the THIRD THURSDAY of each month @ 2:00PM to discuss a range of alcohol and other drug-related issues, community solutions, and advocacy. Visit: [rts.rocks/preventioncoalitionmeeting](https://rts.rocks/preventioncoalitionmeeting) Please also visit: [www.socialmodel.com](https://www.socialmodel.com)

## JUNE EVENTS

- CHECK OUT THE NEW "WALK THE TALK" WEBSITE MORE INFO ON [RTS.ROCKS/WALKTHETALK](https://rts.rocks/walkthetalk)
- JOIN [PIECEBYPIECE.COM](https://piecebypiece.com) FOR A VIRTUAL EXHIBIT JUNE 19TH
- URBANVOICESPROJECT.ORG VIRTUAL CONCERT JUNE 28TH @ 5PM

Free COVID-19 testing for Skid Row Residents. Get Tested @ 7th St. & Towne Ave. from 10am-3pm Mon-Fri. Get results by phone or in person in up to 72 hours. Get free masks, review options, NO ID REQUIRED.